



One Day Surgery Times

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16th International Congress on Ambulatory Surgery
18th – 20th May, 2026, Dubrovnik, Croatia.
(Registration details will follow soon)



ANNOUNCEMENT

Members of The Indian Association of Day Surgery are requested to:

- 1) Send their correct & working email ID to: info@daysurgeryindia.org As decided earlier, we are going paperless, all communications will be via email only.
- 2) 2023-24 issue of Day Surgery Journal of India, needs articles.
If you have any interesting material to share, please send as soon as possible.

Greetings from the Editors Desk!

Wishing everyone a Very Happy Deepawali and New year.

I once again bring you news on Day Surgery activities from around the world.

03.03.2024: Sambhaji Nagar, India

Aurangabad Surgical Society hosted a Surgical meet, Proctology 2024, at the MGM Medical College and Hospital.

Inviting me, amongst other speakers, to talk on:
Day Care Surgery: Advantages and Protocols.

The meeting was attended Dr. Pravin Suryawanshi, President Elect/VP ASI, among others.

Workshop and lectures were delivered by Dr. Kamal Gupta, Hon. Sec., ACRSI, Dr. Niranjana Agarwal, Past President & Vice Chairman, Fellowship Board, ACRSI & Dr. Atul Deshpande, Jt Academic Convener, ACRSI.



In presence of Dr. Narayan Saab, President and Dr. Satyajeet G Pathrikar, Secretary of Aurangabad Surgical Society.

29.05.2024: Brazil



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SOBRACAM (Sociedade Brasileira De Cirurgia Ambulatorial) Ambulatory Surgery Symposium, held during the Hospitalar fair 2024. This event marked another big step for all those involved in the advancement of Ambulatory Surgery in Brazil. With sold-out registrations and a qualified audience, the symposium addressed crucial topics for the future of surgical patient care, bringing together a distinguished panel of speakers who shared their insights, experiences, and innovative solutions. Program was conducted by Dr. Fabricio Galvao, President, SOBRACAM.

21.08.2024: Thailand



Dr. Xavier Falieres, President, The NVDK (Dutch Association of Day Care & Short Stay) and GA Member of the IAAS (International Association for Ambulatory Surgery), was invited to lecture in a Conference, 'One Day Surgery & Minimal Invasive Surgery' in Udon Thani, a City in Isan, Thailand. There is a great enthusiasm in establishing an Ambulatory Surgery Society, the process has already started.

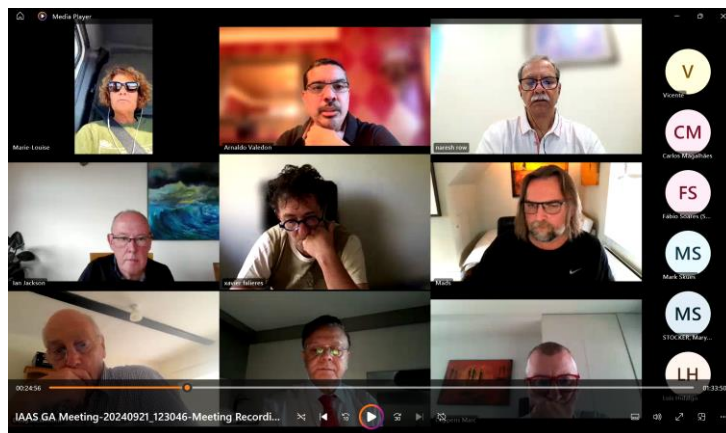
20.09.2024: Chennai, India



My Self, Dr. T. Naresh Row, President, The Indian Association of Day Surgery and Hon. Gen. Secretary, IAAS

(The International Association for Ambulatory Surgery), was invited to speak on '**Can CRS (Colo-Rectal Surgery) be made Ambulatory?**', in ACRSICON 2024 (47th Annual Conference of The Association of Colon & Rectal Surgeons of India), held in Chennai.

21.09.2024: Virtua Meeting



Managing Committee of the IAAS, consists of 12 Elected and 4 Ex Officio Members from across the Globe, met for 2 hours, virtually, and deliberated on several issues ranging from International Memberships to Conferences. Under the Chairmanship of Dr. Arnold Valedon (USA), President, IAAS.

27.09.2024: Dobrovnik, Croatia



Dr. Ana Bosak Versic, President, Croatian Society for Day Surgery and Dr. Josep Bakovic, Hon. Sec., Croatian Society for Day Surgery, conducted a successful 3rd Croatian Congress for Day Surgery in Optija, Croatia. The Congress was attended by Dr. Vicente Vieira, President, Portuguese Association of Ambulatory Surgery and Dr. Carlos Megalhaes, Past President, IAAS.

'Can CRS (Colo-Rectal Surgery) be made Ambulatory?'

While researching for this lecture, I came across a couple of interesting statements, that I thought I should share with you.

A Google search brought up:

- **Prepared by the Clinical Practice Guidelines Committee of the American Society of Colon and Rectal surgeons:**
- ...it is estimated that 90% of anorectal cases are suitable for ambulatory surgery.^{5,7,8} these procedures are considered low-risk surgery, and patients can expect to be discharged home safely and comfortably the same day.^{9,10} however, the surgeon must consider the expectations of the individual patient, comfort level, and potentially complicating comorbidities or other extenuating circumstances before deciding on an ambulatory setting.^{6,1}

And, a search using Al:

Yes, colorectal surgery can be performed on an ambulatory basis, meaning patients can undergo surgery and be discharged on the same day without the need for an overnight hospital stay. This approach is increasingly common for various anorectal procedures, including those for conditions like hemorrhoids, fissures, abscesses, and fistulas¹². Ambulatory colorectal surgery offers several benefits:

Reduced Costs: It can significantly lower hospital charges by 25% to 50%¹.

Patient Satisfaction: High levels of patient satisfaction have been reported, with rates around 92.4%¹.

Safety and Efficacy: Studies have shown that these procedures are safe and effective, with low perioperative morbidity and mortality¹.

However, the suitability of ambulatory surgery depends on various factors, including the patient's overall health, the complexity of the surgery, and the availability of appropriate postoperative care²³.

So, importance of basic Protocols of Day Surgery cannot be over emphasized. Internationally and nationally, suitable Protocols are in place for a safe and successful Day Surgery procedure.

The Indian Association of Day Surgery recommends:

- 1) Patient Selection Protocols, including ASA Criteria's.
- 2) Patient Preparation, including Counseling.
- 3) Anaesthesia Protocols.
- 4) Discharge Protocol.
- 5) Follow-up recommendations.

Depending on the type of Surgery, anaesthesia is decided.

Insurance:

Cashless or Reimbursement for a Day Care Surgery is acceptable by all Medical Insurance companies in India.

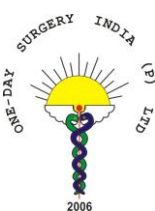
Each Policy has a list of Day Surgeries, which **Do Not** require 24 hrs admission. I have tried to collect links to these insurance companies for your information.

It is the Insurance Agents, who, most of the time, insist on Over-Night admission. Not the Insurance Company, nor the TPA!

Links:

1. Star Health: [List of Day Care treatment and procedures covered under Health Insurance](#)
2. New India Assurance: [1725869182Daycare-NewIndia.pdf](#)
3. ICICI Lombard: [014243MI-SC Annexure - List of Day Care Surgeries.cdr](#)
4. Reliance General: [List of Day Care\(05_08_20\).cdr](#)

- To be Continued...



Surgery & Discharge on same day for:
Hernia, Piles, Fistula, Fissure, Diabetic foot, Pilonidal Sinus, Circumcision, Lymph Node Ex Bx, Abscess drainage, D & C, Diagnostic Lap., Liposuction, etc. **(with Insurance claim facilities for Day Care Procedures.)**
Extended stay: Appendix, Lap. Chole., Hysterectomy, etc.
PLEASE TAKE PRIOR APPOINTMENT

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Patient's Convenience and safety is our prime concern

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